

100 m	RF: 11.62s. C.Ambrosini - 2020	200 m	RF: 24.08s. A.Krone - 2018
11.62	Ambrosini, SA Bulle	24.33	Ambrosini, SA Bulle
12.26	Caligiuri, SA Bulle (2)	25.02	Werro A., CA Belfaux (2)
12.45	Krone A., CA Fribourg	25.03	Krone A., CA Fribourg
12.56	Philipona, CS Marsens (2)	25.46	Caligiuri, CARC Romont (2)
12.70	Werro A., CA Belfaux (2)	25.62	Rusca, SA Bulle
12.83	Fracheboud, AthleticaVeveyse (3)	26.04	Philipona, CS Marsens (2)
12.87	Friedli J., TSV Düdingen (2)	26.64	Friedli J., TSV Düdingen (2)
13.04	Bischofberger C., TSV Düdingen (2)	27.41	Bortoluzzi, AC Murten (2)
13.07	Tâche, AthleticaVeveyse (3)	27.53	Vancardo Va., CA Fribourg (3)
13.26	Rayroud, AthleticaVeveyse (1)	27.60	Bochud, CS Marsens (2)
		24.32	VF Ambrosini
		25.15	VF Rusca
		27.15	VF Tâche, AthleticaVeveyse (3)
		27.25	VF Fracheboud, AthleticaVeveyse (3)
300 m	MPF: 38.33s. V.Vancardo - 2018	400 m	RF : 54.06s. V.Vancardo - 2020
38.92	Vancardo, TSV Düdingen	54.06	Vancardo, TSV Düdingen
40.98	Rusca, SA Bulle	54.67	Werro A., CA Belfaux (2)
42.78	Caligiuri, SA Bulle (2)	56.48	Krone A., CA Fribourg
43.78	Friedli J., TSV Düdingen (2)	57.90	Rusca, SA Bulle
44.83	Bochud, CS Marsens (2)	60.87	Betticher S.,Athletic Team Rechthalten (1)
45.85	Tâche, AthleticaVeveyse (3)	63.17	Catalini, AC Murten (2)
46.02	Kolly R., TSV Düdingen (2)	63.20	Hess N., AC Murten
46.06	Schornoz, CS Marsens (3)	63.38	Friedli J., TSV Düdingen (2)
46.88	Murith, CS Marsens (3)	63.39	Gremaud J., CS Le Mouret
48.80	Nsanzimana M-A., CA Belfaux (2)	64.17	Bortoluzzi, AC Murten (2)
800 m	RF: 2:06.79 E.Wattendorf - 1980	600 m	MPF: 1:28.72 V.Vancardo - 2020
2:08.72	Werro A., CA Belfaux (2)	1:28.72	Vancardo, TSV Düdingen
2:20.93	Stettler S., AC Murten (1)	1:34.30	Werro A., CA Belfaux (2)
2:25.27	Gremaud J., CS Le Mouret	1:40.31	Stettler S., AC Murten (1)
2:28.16	Donzallaz, CA Belfaux	1:46.12	Dubois J., FSG Estavayer-le-Lac (4)
2:28.64	Catalini, AC Murten (2)	1:59.27	Dubey, AC Murten (3)
2:30.33	Bortoluzzi, AC Murten (2)	2:07.49	Beutler, FSG Estavayer-le-Lac (4)
2:31.67	Schornoz, CS Marsens (3)		
2:36.68	Hochuli, AC Murten	1500 m	RF: 4:13.83 V.Lehmann - 2011
2:40.41	Jornod, AC Murten (2)	5:01.95	Donzallaz, CA Belfaux
2:40.92	Kolly R., TSV Düdingen (2)	5:30.91	Hess N., AC Murten
1000 m	RF: 2:42.93 V.Lehmann - 2011	5:31.12	Hochuli, AC Murten
2:55.34	Werro A., CA Belfaux (2)	5:32.22	Jornod, AC Murten (2)
3:03.48	Dubois J., FSG Estavayer-le-Lac (4)	5:55.72	Brandt, AC Murten
3:13.02	Schornoz, CS Marsens (3)	6:07.55	Hess D., AC Murten
3:14.43	Rotzetter, Athletic Team Rechthalten (3)	6:08.93	Camp, AC Murten
3:16.02	Huber A., Athletic Team Rechthalten (3)	6:16.24	Stettler M., AC Murten (1)
3:17.13	Bortoluzzi, AC Murten (2)	6:16.51	Hess Cam., AC Murten
3:17.13	Catalini, AC Murten (2)		
3:18.16	Krone M., CA Fribourg (3)	5000 m	RF: 15:45.92 Ch.Dällenbach - 1997
3:22.67	Kapeller G., CAG Farvagny (3)	18:30.31	Gross, LAT Sense (2)
3:22.99	Murith, CS Marsens (3)	18:41.29	Monney M., CAG Farvagny
		19:00.66	Trachsel, Crésuz
		19:09.52	Hulliger, Athletic Team Rechthalten (V)
3000 m	RF: 9:13.16 Ch.Dällenbach - 1997	19:29.21	Bourke-Martignoni, CAG Farvagny (V)
12:42.90	Hochuli, AC Murten	19:56.78	Sudan, SA Bulle (V)
13:06.86	Hess N., AC Murten	20:09.11	Morgado / POR, CA Portugais FR (V)
13:33.54	Brandt, AC Murten	20:10.36	Zumwald, LAT Sense (V)
13:49.92	Hess D., AC Murten	20:23.40	Fragnière N., SA Bulle
13:50.39	Stettler M., AC Murten (1)	20:34.12	Traina / ESP, Athletic Team Rechthalten(V)
15:05.85	Camp, AC Murten	21:11.69	Rauber, SC Im Fang
15:07.33	Hess Cam., AC Murten		

10km sur la route RF: 35:15.1 M.Zimmer - 2006**5km sur la route RF: vacant**

36'40"	Jenny I., TSV Düdingen MAHU			
36'59"	Colliard L.,ADNcoaching.ch	19'42"	"	Marmy, CAG Farvagny
38'10"	Bourke-Martignoni, CAG Farvagny (V)			
39'08"	" Marmy, CAG Farvagny			
39'46"	Monney M., CAG Farvagny			
40'19"	Trachsel, Crésuz			
40'26"	Hulliger, Athletic Team Rechthalten (V)			
40'32"	Bouchu Colliard, ADNcoaching.ch	59'24"	"	Marmy, CAG Farvagny
41'01"	Morgado / POR, CA Portugais FR (V)			
41'37"	Bouzon / SVK, Team Bouzon Elemenz			
41'42"	" Roberts Feyer, St.Silvester (V)			
42'02"	Sudan, SA Bulle (V)			

15 km sur la route RF: 53:55.0 Ch.Dällenbach - 1998**semi marathon RF: 1:14:00 M.-L.Romanens - 2000****Marathon RF: 2:33:47 Ch.Dällenbach - 2000**

1:20:31	Jenny I., TSV Düdingen MAHU	2:59:18	Roberts Feyer, St.Silvester (V)
1:20:44	Bourke-Martignoni, CAG Farvagny (V)		
1:25:41	Marmy, CAG Farvagny		
1:26:21	" Roberts Feyer, St.Silvester (V)		
1:32:48	Morgado / POR, CA Portugais FR (V)		
1:50:28	Stettler S., AC Murten (1)		

100 m haies RF: 13.38s. N.Waerber - 1999**400 m haies RF: 61.17s. S.Aeby - 1992**

15.42	Rayroud, AthleticaVeveyse (1)	61.58	Rusca, SA Bulle
16.53	Stettler M., AC Murten (1)	69.49	Bortoluzzi, AC Murten (2)
16.89	Hess N., AC Murten	70.13	Hess N., AC Murten
17.30	Hochuli, AC Murten	70.33	Stettler M., AC Murten (1)
17.30	Brandt, AC Murten	71.78	Hochuli, AC Murten
17.57	Hess D., AC Murten	73.48	Hess D., AC Murten
19.67	Hess Cam., AC Murten	75.88	Brandt, AC Murten
19.85	Camp, AC Murten	76.38	Camp, AC Murten
		83.58	Hess Cam., AC Murten

Hauteur RF: 1.80m L.Gendre - 2004**Longueur RF: 6.19m N.Waerber - 1999**

1.75	Schueler, CA Marly	5.41	Werro A., CA Belfaux (2)
1.67	Werro A., CA Belfaux (2)	5.23	i Stettler M., AC Murten (1)
1.65	Bortoluzzi, AC Murten (2)	5.17	Bochud, CS Marsens (2)
1.60	i Fragnière A., CS Marsens (2)	5.14	Friedli J., TSV Düdingen (3)
1.59	i Hess N., AC Murten	5.13	i Bortoluzzi, AC Murten (2)
1.57	Bochud, CS Marsens (2)	5.00	Stettler M.
1.54	i Stettler M., AC Murten (1)	4.97	Bortoluzzi
1.54	Hess N.	4.88	i Klaus, Athletic Team Rechthalten
1.51	Stettler M.	4.88	i Fragnière A., CS Marsens (2)
1.50	i Rayroud, AthleticaVeveyse (1)	4.86	i Bremgartner L., CA Belfaux (3)
1.50	i Gumy, SA Bulle (2)	4.86	Hess N., AC Murten
1.50	Fragnière A.	4.80	Schafer, TSV Düdingen (3)
1.50	Rayroud	4.80	Catalini, AC Murten (2)

Triple saut RF: 12.79m N.Waerber - 1996**Perche RF: 4.15m F.Leimgruber - 2017**

10.27	Friedli J., TSV Düdingen (2)	4.10	i Leimgruber, CA Belfaux
10.02	Kolly R., TSV Düdingen (2)	2.80	i Bremgartner, CA Belfaux (3)
9.00	Folly M., AC Murten (2)	3.20	Scheder N., CA Fribourg
		2.40	i Linder S., CA Belfaux (3)
		2.40	i Kolly R., TSV Düdingen (2)
		2.20	i Fasel, TSV Düdingen (2)

